



Captain Morgan's
RETREAT
AMBERGRIS CAYE, BELIZE

WELCOME PACKAGE



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WELCOME TO CAPTAIN MORGAN'S RETREAT

A beachfront paradise with 1100 ft. of coral white sand

This welcome package is full of useful information about the resort and Ambergris Caye to help you plan for your trip.

Ambergris Caye is known as "La Isla Bonita" or "The Beautiful Island." Upon arrival at Captain Morgan's Retreat you will experience why first hand with our private 1,100 feet of beach.

Regardless of whether you have selected a cabana, villa, or condo for your stay, all accommodations are comfortably furnished and air conditioned, and free Wi-Fi is available throughout our common areas. Captain Morgan's Retreat provides the comforts of home in paradise for a relaxing and rejuvenating stay.

Resort amenities include an on-site restaurant, 3 bars, casino, activity center, grocery store, spa, and 3 freshwater swimming pools. With so much to be found on property, you won't have to go off property if you don't want to!

If you're interested in exploring Ambergris Caye, we have golf carts for rent on an hourly, daily or weekly basis. Bicycles can also be rented for \$15 USD per day.

Belize also offers a wealth of activities to travellers. Whether you're interested in diving, fishing, snorkeling, exploring the Mayan ruins, or visiting exotic animals at the zoo, there is truly an adventure in store for everyone.

Belize is also home to some of the world's best scuba diving. We have partnered with the island's top dive operations if you are interested in seeing the incredible local sites. Please don't hesitate to contact our staff about booking a tour—we are always happy to help.

On behalf of the staff and management at Captain Morgan's Retreat, we look forward to welcoming you to Ambergris Caye!

GETTING HERE

Transfers from Belize International Airport to the Resort

Captain Morgan's Retreat is located just 3 miles north of San Pedro Town on the island of Ambergris Caye, Belize. When flying in, you will arrive at Belize International Airport in Belize City and require a transfer to Ambergris Caye.

Belize International Airport to San Pedro, Ambergris Caye

There are two options for transportation to San Pedro, Ambergris Caye after landing at Belize International Airport. The most convenient option for getting to San Pedro is to take a 15-minute flight with Tropic Air (www.tropicair.com) or Maya Island Air (www.mayaislandair.com), which costs approximately \$160 USD per person (roundtrip). Kindly note that the last flight of the day typically leaves at 5:40 pm.

Another option is to take a water taxi from Belize City to San Pedro. This takes 1.5 hours and is approximately \$35 USD per person (roundtrip). This requires a taxi from the Belize International Airport to the water taxi terminal in downtown Belize City, which costs approximately \$25 USD (one way). If you wish to take the water taxi, your flight must arrive by 3:30 pm local time, as the last water taxi departs at 5:30 pm.

While we are unable to coordinate the water taxi travel for you, we have listed the following links to help with your planning: Belize Express Water Taxi (www.belizewatertaxi.com) or Ocean Ferry Belize (www.oceanferrybelize.com).

San Pedro Airport or Water Taxi to Captain Morgan's Retreat

We are pleased to offer transfers from the San Pedro airport or water taxi terminals in one of our air-conditioned vans. Our transfer fee is \$25 USD one-way, \$50 USD round-trip, for a maximum of 4 guests, and \$5 USD one-way, \$10 USD round-trip, for each additional guest). We would be happy to prearrange for pickup and drop-off at the San Pedro Airport, though we do require a minimum of 72-hours notice.

If you are traveling by water taxi, the water taxi company must call the resort after you have purchased your tickets to confirm when you will be arriving in San Pedro. You can also contact our front desk upon arrival at the water taxi terminal in Belize City. Our front desk can be reached by calling 226-2207.

Please contact our office at 1-800-316-4229 or reservations@captainmorgans.com to book your transfer to San Pedro.





Captain Morgan's Retreat



RESORT SITE MAP

Explore Captain Morgan's Retreat

Map Legend:

- | | | | |
|--------------------------------|-----------------|-------------------|----------------------------|
| 1. Entrance Area | 7. Restaurant | 13. Pool | 19. Beach Volleyball Court |
| 2. Parking | 8. Garden | 14. Swim Up Bar | 20. Pool |
| 3. Bicycle & Golf Cart Rentals | 9. Front Desk | 15. Sun Huts | 21. Palapa |
| 4. Grocery Store | 10. Main Pool | 16. Kayaks & SUPS | 22. Sparadise Beach Spa |
| 5. Tour Desk | 11. Lounge Area | 17. Shuffleboard | |
| 6. Casino | 12. Beach Bar | 18. Pier Palapa | |





RESORT AMENITIES

Captain Morgan's Retreat has many amenities to ensure you have everything you need for a relaxing Belizean vacation.

- **Free Wi-Fi:** Available in common areas of the resort and we welcome you to use it with your personal devices.
- **Pools:** 3 pools are located throughout our property for your enjoyment and relaxation.
- **Restaurant:** Mama Caribe's Restaurant is open daily for breakfast, lunch and dinner with a mix of Belizean cuisine and North American favorites.
- **Swim up bars:** Swim up bars are attached to the two pools in the main resort area.
- **Sparadise Beach Spa:** Offers a wide range of authentic Belizean treatments to ease your mind, body and soul.
- **Casino:** Our Vegas-style casino is open daily from 6:00 pm to 4:00 am for fun after sunset.
- **Gift shop:** Wonderful gifts and souvenirs to take home with you right from our property.
- **Private dock:** Whether you're taking a water taxi or a tour, you can be picked up and dropped off from our private dock.
- **Golf cart rentals:** Golf cart rentals are available should you want to tour around Ambergris Caye.
- **Activity Center:** Open daily, the staff at our Activity Center will happily book your tours and adventures.
- **Grocery Store:** We have an on-site grocery store so guests can easily pick up groceries, beverages, toiletries and more.



CAPTAIN MORGAN'S CASINO

Try your luck at Ambergris Caye's only Vegas-style casino

Captain Morgan's Retreat is home to a Las Vegas style casino, and has recently been renovated and expanded.

The Casino Offers:

Over 70 slot machines

3 Blackjack tables

Our brand new "Billionaires Poker Lounge"

Roulette

Light snacks provided from 6:00 pm to 9:00 pm

HDTVs playing international sports and games

Complimentary drinks served while gaming

Open daily from 6:00 pm to 4:00 am.





Open daily, our onsite Mama Caribe's Restaurant offers a wide variety of dining options throughout the day. Our Breakfast, Lunch and Dinner menus have diverse options, and new and delicious specials are available each day. Whether you're in the mood for authentic Belizean cuisine or North American classics, we're sure you'll find something to enjoy!

Hours of Operation:

Breakfast: 7:00 am – 11:00 am

Lunch: 11:00 am – 2:00 pm

Bar Snacks: 2:00 pm – 4:00 pm

Dinner: 5:30 pm – 9:00 pm

Ambergris Caye is also home to an incredibly diverse selection of restaurants. Whatever your palette is craving, our concierge or front-desk team is sure to have some great recommendations.



SPARADISE BEACHFRONT SPA

Pamper Yourself with Authentic Belize Spa Treatments

Our Sparadise Beachfront Spa sits on a dock surrounded by the Caribbean Sea for the ultimate spa escape. We are also happy to provide spa treatments from the comfort of your room, on your veranda, or at the beach.



MASSAGES

Bliss – 60 min. \$75 / 90 min. \$95

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

Aroma – 60 min. \$75 / 90 min. \$95

Unwind and de-stress with this aromatic treatment. This soothing massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Deep – 60 min. \$90 / 90 min. \$105

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques are concentrated on specific areas of concern help to relieve common discomforts.

Signature – 60 min. \$100 / 90 min. \$130

Combining the techniques of the Swedish and Deep Tissue massages, this entirely tailored massage is all about you! Aromatic hot towels are used throughout the massage to help you melt away.

FACIALS

Honey Green Tea – 45 min. \$50

The green Tea Mask offers intense hydration and essential antioxidants to neutralize free radicals. It tones and helps prevent wrinkles as well as reducing inflammation and redness. Perfect for any skin type!

Algae – 45 min. \$50

Algae provides purifying hydration, helping to minimize the appearance of the lines and wrinkles. Research has also found that algae has properties that make it great for sensitive skin. Includes a purifying Microdermabrasion scrub.

TREATMENTS

Mayan Body Scrub – 60 min. \$90

Indulge in an exotic blend of coffees and oils from the Mayan Mountains of Belize. The invigorating aromas of coffee and almond oil awaken your senses, while freshly ground coffee exfoliates your skin. Then enjoy raw cocoa, a decadent and precious ingredient that help slow down the natural aging process while restoring a natural radiance to your skin. Finish with a warm coconut milk bath.

Sparadise Foot Glow – 45 min. \$75

Pamper your feet with this luxurious treatment, beginning with an invigorating lemon grass and ginger foot scrub. Feet are then enveloped in hot towels, while tension is melted away in a reflexology massage.

Hibiscus Blood Orange – 45 min. \$75

Exfoliate your skin with this exotic and organic scrub made with virgin coconut oil and dried hibiscus flowers. Loaded with Vitamin C, hibiscus flowers serve as the perfect moisturizer.

Coco Rosee – 45 min. \$75

Coconut oil infused with rose makes this body scrub the perfect exfoliant and moisturizer, leaving skin smooth, silky and toned.

Cucumber Mint After Sun – 45 min. \$75

Fresh aloe from our garden is combined with mint and cucumber to soothe the sun exposed skin and is complemented with coconut milk lotion.

PEDICURES

Basic Pedicure – 40 min. \$35

Don't be basic ... Luxury Spa Pedicure – 60 min. \$50

A Spa Pedicure at its finest! Includes a lower leg and foot, exfoliation, nail & cuticle grooming, as well as a hydration foot massage. A warm foot mask to help nourish the skin while soothing sore muscles and joints. Hot stones and aromatic hot towels are also incorporated throughout.



AMBERGRIS CAYE'S LONGEST BEACH



ON SITE ACTIVITIES

Whether you plan on spending your days exploring all that Ambergris Caye has to offer, or simply lounging pool side, we have listed the most popular activities available right here at Captain Morgan's Retreat.



Bikes

Bicycles are available for guest use to explore the area at a rate of \$10 USD per day between 7:00 AM and 4:00 PM. The evening rate is \$5 USD from 4:00 to 11:00 PM. All day rentals are also available for \$15 USD per day.

Pools

We have 3 freshwater pools for your relaxation. Grab a drink from the bar, open a book and stay awhile!

Kayaks & Paddleboards

Kayaks are available free of charge for guests to explore the area around our shores. Stand-up paddleboards are available for use while on property at a rate of \$15 USD for 90 minutes.

Beach Volleyball Court

A volleyball court is available for guest use and a guaranteed fun afternoon.

Lounge Areas

You don't need to miss that big game - our lounge areas come equipped with HDTVs for sporting events.

Casino

Fancy a dance with lady luck? Try your hand at our Vegas-style Casino - the only casino on Ambergris Caye!

Spa

Sparadise Beachfront Spa offers a wide range of authentic Belizean treatments to ease your mind, body and soul.

Bar

Our main bar is open until 10:00 pm daily for drinks and snacks.

Golf Cart Rentals

Rent a golf cart for the day and explore the island at your own pace, they're stored onsite so renting one couldn't be easier!

Dock

Our beach comes with a dock and stairs for those wishing to swim in the ocean and avoid any sea grass. Sea grass is necessary for Belize's thriving marine eco system, so while you are welcome to wade in from the shore, we find many prefer entering from the dock.



GOLF CART RENTALS

The main mode of transportation on Ambergris Caye is golf carts— in fact, there are no rental cars!

Explore Ambergris Caye, sight-see, and shop at your own pace. We have 10 golf courts on our property for your convenience. Golf carts can be rented by the hour, day or week depending on your needs.

HOURLY RATES	DAILY RATES	WEEKLY RATES
1 hour / \$17.00	1 day / \$55.00	1 week / \$250.00
2 – 4 hours / \$30.00	2 days / \$105.00	2 weeks / \$400.00
5 – 7 hours / \$35.00	3 days / \$150.00	3 weeks / \$550.00
8 – 9 hours / \$40.00	4 days / \$190.00	4 Weeks / \$650.00
10 – 12 hours / \$45.00	5 days / \$225.00	
	6 days / \$240.00	

**All rates are in \$ USD and are subject to 12.5% GST. Fuel is not included.*





TOURS & ACTIVITIES

At Captain Morgan's Retreat, we know that you may want to do more than just relax on our beach! Our onsite Activity Center provides tours and activities daily. Many tours are undertaken in-house, using our own equipment and guides, or are provided through trusted local tour operators.

Whether you are interested in exploring underwater or on land, we have a variety of activities available for all travelers. Tours include snorkeling, diving, fishing, Mayan ruins, and more. Please contact our Activity Center for further information including pricing and tour schedules.

Reservations are required for all tours, and must be booked by 4:00 pm the day before.

Contact the Tour Desk:

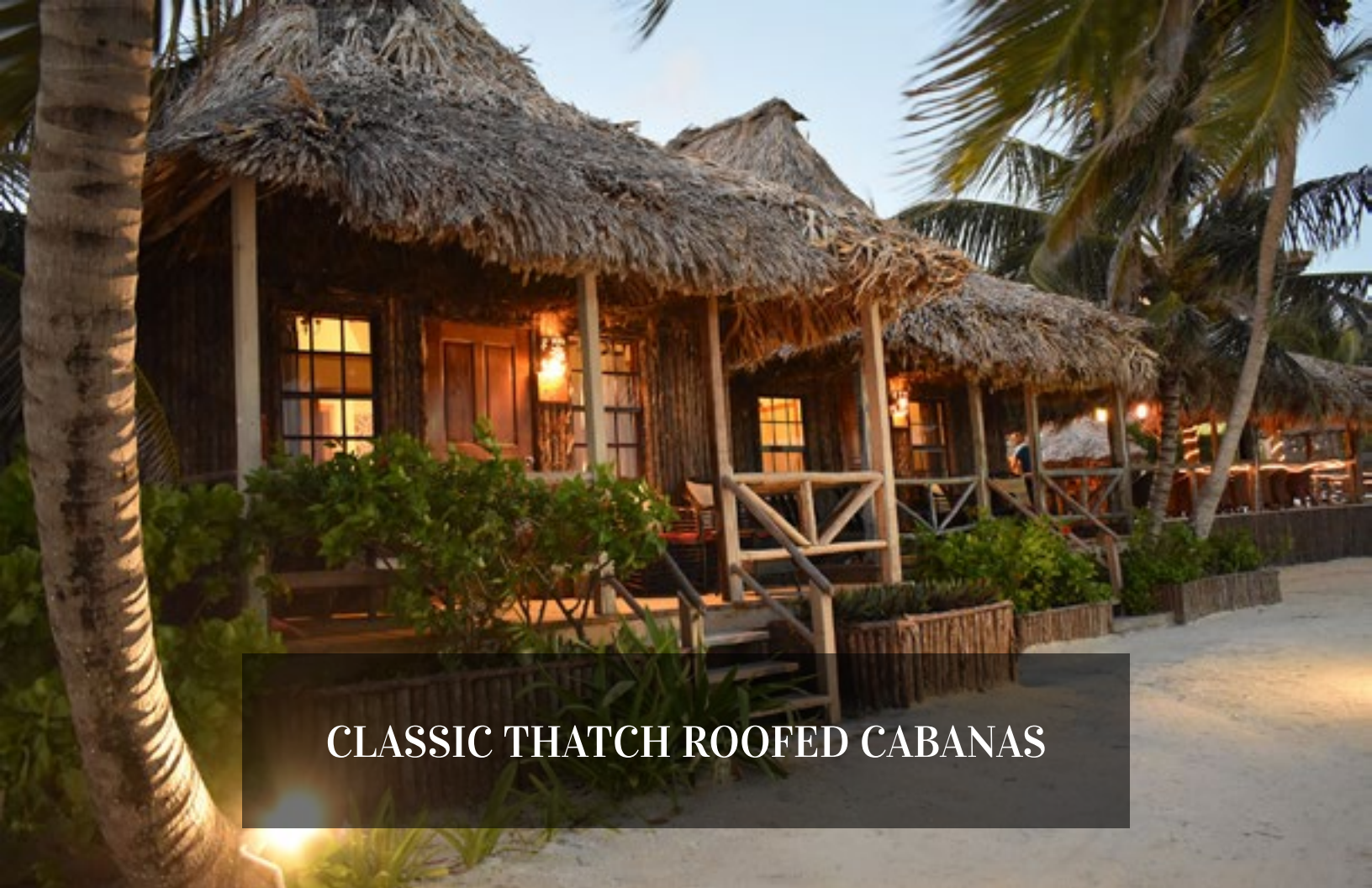
E-mail: excursions@captainmorgans.com | Phone: 011-501-226-2207 ext.237 | Mobile: 011-501-615-7595



TRAVEL TIPS & INFORMATION

- The official currency of Ambergris Caye is the Belize Dollar, but US dollars are widely accepted. \$1 USD = \$2 BZ Dollars.
- English is the official language of Belize, though Spanish is also commonly spoken.
- Electrical adapters are not required for North American travelers. We have standard 120-volt outlets.
- A valid passport is required for all international visitors. Your passport must be valid for at least **six months** beyond the expected date of departure.
- Ambergris Caye has an average temperature of 82°F (28°C) during May, the hottest month, and the coldest temperatures in January are around 75°F (24°C).
- Fishing licenses are required for all fishing on Ambergris Caye. A one-day license will cost you \$10 USD, and a weekend license only \$25 USD.
- While crime is rare on Ambergris Caye, we still recommend you take normal precautions as you would anywhere else. Keep your accommodations locked when not inside, leave any valuables in your safe, and stay alert after dark.
- Ambergris Caye does not have a hospital, but there are doctors at several clinics, a hyperbaric chamber, and an air ambulance that only takes 25 minutes from the hospital in Belize City in cases of extreme emergencies.
- Rentals cars are not available on Ambergris Caye, but golf cart rentals are very popular, and can be rented at Captain Morgan's Retreat. Rental rates start \$17 USD per hour or \$55 USD per day.
- Similar to the US, tips of 10-15% are customary in restaurants, hotels, tours, etc.





CLASSIC THATCH ROOFED CABANAS



HOURS OF OPERATION

Please be advised that all times listed are in Central Standard Time.

Check-In & Check-Out

Check-in time: 4:00 pm

Check-out time: 11:00 am

Front Desk

Daily: 7:00 am – 10:00 pm

Reservations Office

Daily: 9:00 am – 6:00 pm

Activity Centre

Daily: 6:00 am – 6:00 pm

* Please note: tours must be booked by 4:00 pm prior to the day of the activity

Mama Caribe's Restaurant (Open Daily)

Breakfast: 7:00 am – 11:00 am

Lunch: 11:00 am – 2:00 pm

Bar Snacks: 2:00 pm – 4:00 pm (Ceviche, Pizza, Nachos, Wings, Burgers)

Dinner: 5:30 pm – 9:00 pm

Main Bar

Daily: 7:00 am – 10:00 pm

Swim Up Bar

Sunday to Friday: 11:00 am – 4:00 pm

Saturday: Closed

Grocery Store

Daily: 7:00 am – 7:00 pm

Captain Morgan's Casino

Daily: 6:00 pm – 4:00 am

Escape Day Spa:

- Daily: 8:00 am – 5:00 pm

POLICIES

Personal Belongings

While Captain Morgan's Retreat is a secure property, guests are responsible for ensuring their valuables are protected in provided safes. In the unlikely event personal belongings go missing, we invite you to notify staff as management does take theft seriously, however, we do not claim responsibility for any missing items.

General Policies

- Rates are in USD and do not include taxes or service fee (19% total).
- Rates are subject to change without notice.
- Extra person fees of \$15 USD may apply, please see individual accommodation pages for details.
- Children 12 years and under accompanied by an adult are free.
- Smoking is NOT allowed inside the units, though cigarette smoking is permitted on patios. Cigar smoking is only permitted on the beach.
- Pets are not permitted at Captain Morgan's Retreat.
- The location and condo unit number indicated on a reservation by our booking system will be treated as a request for that location or condo. While all efforts will be made to meet that request, the villa or condo reserved may not be available at the time of check-in.

Cancellation Policy

- Reservations may be cancelled without penalty up to 30 days prior to check-in.
- 100% of the total will be charged for cancellations received within 30 days of check-in (or in the event of no-shows or early departures).
- No refunds or credits will be issued for any unused portions of a package.



CONTACT INFORMATION

Reservations & General Inquiries

Toll Free: 1-800-316-4229; option '1' for reservations

Email: reservations@captainmorgans.com

Resort Front Desk

Belize Local: 011-501-226-2207

Email: frontdesk@captainmorgans.com

Tours & Excursions

Phone (Belize Local): 011-501-226-2207 ext. 237

Mobile: 011-501-615-7595

Email: excursions@captainmorgans.com

Golf Cart Rentals

Phone (Belize Local): 011-501-226-2207

Email: golfcarts@captainmorgans.com

Timeshare Reservations & Inquires

Toll Free: 1-800-316-4229; option '2' for timeshare

Email: timeshare@captainmorgans.com

Address:

3.5 Miles North of San Pedro, Ambergris Caye, Belize

Website

www.captainmorgans.com

Social Media:



facebook.com/CaptainMorgansRetreatBelize



instagram.com/captainmorgansretreat



[Captain Morgan's YouTube](#)



[TripAdvisor](#)

Thank-you for booking with Captain Morgan's Retreat
We look forward to welcoming you to Belize!

